

Nutrition Lecture Series

Feed Your Face! *Foods For Healthy Skin*

Tuesday, March 29

5:30pm - Proformax Lounge (3rd floor in the Fitness Centre)

Chrisi Bowling MS, RD, LD Director of Nutrition

Celebration Health Assessment

To register call (407) 303-1700 or (407) 303-3627

Registration deadline is Monday, March 28 at 5pm

Childcare available

\$10 for non-members and \$5 for Fitness Centre members



Please see the front desk for questions or call (407) 303-4444

*The
Fitness Centre
& Day Spa*



At Florida Hospital Celebration Health